

## SPIRITUAL INSTANT BOOKS

*To Be Read In A Day For A Lifetime Transformation*



# MANIFESTING FLOW

“THE CONVERSATION THAT HAS LED ME AND  
THOUSANDS OF PEOPLE TO THE STATE OF  
ALLOWING MIRACLES IN THEIR LIVES.”

*Alain Dagba*



## INTRODUCTION

Dear Reader,



I would like you to know that this is not a religious material. And it is not an attempt to make you believe anything or anyone. Whether you believe in the existence of a Higher Power or not, I simply ask you to be open-minded. This is my personal true story of inner transformation through my conversation with God.

My prayer is that as you read you will be able to relate to my struggles and try to see the perspective I have channeled from God, or Love, or The Spirit, or the Higher-Self or any other ways you want to call the Higher Power, and make these perspective useful to you the best way you can.

ALAIN DAGBA





## I ASKED GOD

Lord, I am having a hard time creating the outcome I want in life. I am working hard day and night. I am running out of patience and getting frustrated all the time. Frustrated at my wife and my kids for no reason. Is there a mystery of patience that I need to learn? I have been waiting and waiting.



## GOD REPLIED

Patience has nothing to do with anxiously waiting for something.

It does not even mean long suffering as some Bible scholars and theologians often paint it.



I ASKED GOD

What then is patience, Lord?



GOD REPLIED

It's your ability not to  
interfere with the flow of life.



I ASKED GOD

What does that mean?



## GOD REPLIED

Are you supposed to change the time I wrote inside every seed on the planet to make them become plants, trees, and then produce leaves and fruits before their time?



## I SAID TO GOD

I should not. I am not supposed to. But humans do with chemicals. They force the seeds to grow before their time.



GOD REPLIED

Whenever they do that  
what happens?



I SAID TO GOD

We end up eating unnatural  
things and become sick.



## GOD REPLIED

Son, are you not doing the same thing when you plant the seed of your dream in the cosmic soil or the ether?



Do you know how many  
chemicals you have been  
adding to the seed of your  
dream to force it to grow  
before its time?



Don't you know that the  
cosmos knows more than  
your small mind? Can you  
see more than the million  
eyes within a single star?



Why not then let the one who knows better than your small mind be in control of the growth, and the harvest, and rest your heart in the way it controls the flow of things?



Part of you is afraid of not getting what you want. That's why you suffer. But patience is not long suffering.



You suffer because your  
energy body is getting sick  
from all the toxic chemicals you  
are putting into the seed of  
your dream to make it grow  
faster than the universe.



Disappointment,  
discouragement, and lack of  
trust are astral diseases from  
the lack of patience you are  
creating within yourself.



Tears started to run out of my eyes. This was in November 2014 when I was trying so hard to build multiple companies.



## I SAID TO GOD

Lord, is there another word for  
patience? Because my brain and  
body have held for the longest time  
the wrong energies about patience.



GOD REPLIED

Allowing!



I WENT...

Wow! Now I understand.



## GOD SPOKE

Allowing! When you are not allowing, you commit an illegal cosmic act trying to force the seed of your dream out of the cosmic soil before its time..



You find yourself doing what you  
don't like about the big food  
corporations in your world.



They poison people with chemicals because they refuse to let the seeds and plants grow naturally in the time the universe knows is the best for the human life and health.



They poison people with chemicals because they refuse to let the seeds and plants grow naturally in the time the universe knows is the best for the human life and health.



When you are trying to force things to happen faster, you too poison my temple which is your body with toxic energies.



Not only that, but you also feed  
your environment with those toxic  
energies to poison your family with  
your frustrations and anger.



Here I was, thinking that I was all clean, and have never done anything illegal because I was thinking only in one dimension: The earthly one. But I was breaking cosmic laws.



## I Said To God

Lord, help me step into the flow of  
the cosmos so I never have to  
interfere with it ever again.



## GOD SPOKE

The flow is always working  
for you and in your  
advantage. You don't need  
to step into it. You need to  
step out of the way.



## I Said To God

What makes me step on its way.  
You see more than me. You know  
me more than I know myself.  
Help me. Guide me..



A long silence came over me. I felt disconnected. I could not hear anything else. Because fear was rising within me.

I don't know what triggered it. Then anxiety came. I was confused. I know better not to focus on getting rid off them because it will increase them.



I stayed focused on my breath. My  
body felt cold. I knew something  
was leaving my biofield. It was fear.  
I was getting healed.

I simply focused on my breath and  
immersed into it as if this was the  
only thing I get to do for the rest of  
my life. I got colder.



But from the top of my head a tingling sensation mixed with a warm flow of energy was descending upon me.

The Pentecostal Flame from my crown center was helping me. I was quiet and focusing on my breath.

**THEN**  
The Voice Returned.



## GOD SPOKE

You step on the way of the  
flow because you listen to  
the voice of fear which is the  
same as the voice of time.



When time disappears, fear is no more. And your seed grows faster by the hand of the cosmos.



You become impatient because  
you are looking at the time you  
spent working and the time you  
should see results.



But the cosmos does not work  
with your time. It works in eternity  
where time is energy. The  
cosmos does not understand  
what you read on your calendar.  
It cannot comprehend what you  
read in your watch.



But you are trying to force the cosmos into the concept of time only you can understand. That's why you poison your psyche and body with toxic and harmful chemicals which will reflect in the energy of your seed-dream if it manifests before its time.



It won't be a ripe and healthy fruit.  
It won't have all the nutrients. And  
the cosmos will prevent at all cost  
good souls to eat it.



But souls that are also violent with their energy like you will be guided to eat it by karmic design, because you and these souls are of the same energy pattern of violence. Wanting things to happen faster and forcing them.



I was shocked by the word violence God used. That was the last word I would like to hear from God. I am so far from being a violent person—at least I would like to think. My ego came to my defense in a strong way.



I quickly dropped the energy of  
the ego and asked my heart to  
forgive me. In a deep silence I  
cried inside. I saw my wrong  
created from ignorance.



I understood immediately why the little success I was having were not bringing me joy but were creating more needs inside—void—my soul, keeping me addicted to hard work, afraid to miss opportunities or losing opportunities, and anxious about when the big breakthrough will come.



I ASKED

Lord, how do I dissolve time and let  
the universe flow in my favor?



GOD REPLIED

You must first understand  
what time is.



What is time?



Time is that which does not exist  
but becomes real when a mind  
focuses on it using attention.



Are you telling me that I am  
making time exist and causing all  
these stress for myself.



Yes. That's exactly what I am saying. When you are sleeping, are you aware of time?



No, I am not.



That's why in your sleep the cosmos works faster on the seeds of your dream to make it manifest.

But the moment you wake up you freeze the process again by focusing on time and interfering with the flow of creation that plants, flowers, the stars, and everything else in creation are so well allowing.



Have you not noticed that the only moment fear and anxiety used to come upon you is when you start thinking about time and worrying about when you will see a bigger result and when a large breakthrough will come?



Yes. It's true.  
But should I not think  
about time at all?



Thinking about time is serving  
time. Flowing with time is having  
time serving you.



To serve time is to be in prison. It  
makes you not even see your  
progress or celebrate your small  
wins as you call them.



To me they are just wins that are big in energy because they have served someone. Any energy that serves humans is big.



You are the one who is waiting  
for something big to happen. But  
remember that waiting for  
something is affirming that  
you don't have it.



You must have before you can receive. You have in mind and heart, then you receive in a tangible and physical form or experience. If you can think and feel as if you already have what you asked, then receiving becomes easy.



But if you keep thinking and feeling like you do not yet have, you are calling on the laws of the universe to create situations to take away from you even the least you have. Thinking and feeling like not having, is the same as asking to lose.



The rain first pours out of the sky  
with drops of water. How do you  
not see that what you call small  
wins are drops of water that are  
telling you to allow the rain to fall?



Each time a drop of water falls to the ground, you interfere with your nagging self, complaining about when the big rain will come. You have trained your *self* this way my son. You made time your prison.



Do you know how many times  
you have said, “I am killing  
time doing this or that?”



You must stop speaking this way, because time can hear you. Time is your greatest asset. Time is your life. Do not speak death upon it. If you do, you will never feel like you have enough time to create your best days on earth.



Everything is energy and time is energy. Whatever you say about time, time becomes that in your body and everything else do.



Start by speaking good  
words about time. Do you  
understand this light I am  
speaking to erase the lie  
you live in?



Yes Lord, I am grateful.



You also love to say that  
time is working against you.



You must not speak this way. Time is  
energy and your body is energy.  
Time is listening to you.

There is only one energy. Everything  
is the same energy.

That's why everything you think or  
feel about anything or anyone your  
own physical body will receive as  
well as your emotional body.



Let me ask you.

Do you feel good when you think  
negative about someone or  
something?



NO!



So, the toxic feeling you feel when you are thinking negative goes into your own body and field of presence or emotional body. Then it moves through your bloodstream and affects your immune system to decrease your energy level. That's why you feel tired--very often losing energy.



Very soon it will become a  
pattern and start creating  
repellent vibes around you.



Do you now see the issue  
with you seeing anything or  
anyone as a threat to your  
well-being?



Yes!



The way you see is the real  
threat, often time, not what  
you see itself.



Each time you speak of time  
in a negative way, your body  
is drained, and energy  
becomes depleted, and you  
feel tired and frustrated.



How then can I flow with  
time to be free from the pain  
I am causing to myself?



By immersing yourself in  
everything you do with joy  
and absolute detachment  
from the outcome.



Have you not noticed that  
whenever you do that,  
inspiring ideas come with  
ease and you get things  
done with no effort?



Yes, it is true.



That flow of creative energy  
and ease that just comes  
and get things done through  
you is what you have been  
mistakenly calling  
inspiration. That is time.



Time has become a flow of  
ideas and joy moving  
through you.



Time is consciousness, the pure stream of the life force that is moving right now through all things. It has two parts when you flow with it, and when it flows with you.



The idea part is what you should know as inspiration. It's an electrical current that moves into the brain and the mind to provide you with in-sights.



The joy part is magnetic. That's heart energy. That's the one that pulls the ideas to your mind from the cosmos, and also from the reservoir of wisdom inside your SOUL and body cells.



Whenever you are doing  
something, stay fully present in  
what you are doing.



Immerse yourself into it. Not in  
the past. Not in the future. Do it  
for the joy of doing it.



Do it as a service to your Higher-Self. Everything, for that matter.

There is no such thing as liking to do something more than something else.

Everything becomes an act of worship when it's done for the Higher-Self in you. What you are doing does not matter.



You see the most amazing  
doorway to dance with time on  
the flow of joy and inspiration in  
all that you do, in your own heart.

You will forget time, 100%. You  
will forget space, 70% because  
you are still in your physical body.  
But guess what?



What?



You are in eternity or in no-time. I have placed this space within you. I placed this eternity in your heart of heart.

No-time means the total absence of your clock and your calendar.

You are so immersed into joy and inspiration that time disappears.



All the walls of the mind begins  
to fall. You become more  
energy than matter.

No-time is where I AM time.  
I AM the one moving at that  
point through you. I AM the joy  
and the inspiration.



So, if you are immersed in no-time while creating, when do you think your result or breakthrough should happen?



Oh, my goodness. They will happen in no time which means faster than what my clock and my calendar will show me.



Not what they will show you.  
But what you choose to see in  
them. It's always about you.



Everything you are creating  
while focusing on your concept  
of time, will require the slow  
pace of your concept of time  
to manifest into form.



And when it manifests by force  
you can't even enjoy it. You will  
always feel a void inside you  
and seeking for more.

No fulfillment. Because you will  
always be haunted with the  
fear of losing it.



Everything you are creating  
while flowing with time, has  
already manifested into form.



The rest will be your intuition  
guiding you to where to  
collect the form. The moment  
you create in no-time, in no-  
time everything immediately  
becomes form and is yours.



Because no time means no  
process of formation. In  
eternity everything asked is  
given, immediately.



“Lord, help me!” I said,  
with tears pouring out of my eyes.

I literally spoke those words, loudly, with my mouth that I lost connection with the voice at the mind level. It was just too much emotion. I stepped outside to take some fresh air and to chat a little bit with my neighbors about *nothing* as usual.

I felt free and at the same time stupid for not asking God these questions long time ago.



I bought into the lie that has trained me  
to believe that some things are too  
simple to bother God about.

I bought into the lie that we must work  
hard and suffer to succeed, like most  
self-help books say. Now I am free.  
I am ready.

I find love in everything I do, instead of  
looking to do only what I love. Which is  
another big lie from the matrix or the  
collective thinking of the world.



THE END